



MENU

Harvest of the
Month –NY Maple
March 18th

MARCH



PK-8 LUNCH

Adirondack Maple in
Fonda, NY

Chicken Nuggets 2 Ranch Mashed Potatoes Steamed Peas & Carrots Cinnamon Roasted Pears	Rotini with Meat Sauce 3 Garlic Breadstick Seasoned Green Beans Baby Carrots	Beef Hot Dogs 4 French Fries Cucumbers	Toasted Ham & Cheese Croissant 5 Tomato Soup	Pizza 6 Steamed Mixed Veggie Strawberry Applesauce Cup
Chicken Nuggets 9 Sweet Potato Wedges Rainbow Pepper Sticks Cocoa Cherry Brownie Bar	Ultimate Nachos 10 (taco meat & cheese) Salsa & Sour Cream Refried Beans Yellow Corn	Macaroni & Cheese 11 Yogurt Cup & Granola Garlicy Green Beans Baby Carrots	Chicken Patties 12 French Fries Steamed Mixed Vegetables	No School 13
Chicken Nuggets 16 Garlic Bread Steamed Broccoli Celery Sticks w/ Hummus	French Toast Sticks 17 Three Cheese Egg Bite or Sausage Links Baked Sweet Potato Bites NY Apple Juice & Syrup Cup	Superintendent Conference Day 18 	Pop Corn Chicken 19 Mash Potato Bowl Corn Tomato & Cucumber Salad Chocolate Chip Cookie	Cheese Pizza 20 Corn Blue Raspberry Applesauce Cup
Chicken Nuggets 23 Seasoned Green Beans Fresh Veggies Winter Fruit Salad	Soft Tacos 24 (beef or turkey, cheese, lettuce) Salsa & Sour Cream Corn & Bean Cowboy Caviar	Waffle Chicken Bites Sunrise Waffle 25 Emoji Fries & Yogurt Cup Assorted Veggies  Juice Cup & Syrup Cup	Mozzarella Sticks 26 Baby Carrots Garlic Bread	Cheese Pizza 27 Steamed Mixed Veggie Mango Peach Applesauce Cup
Chicken Nuggets 30 Cheesy Garlic Mashed Potatoes Yellow Corn Mini Rice Krispy Treat	Cheeseburger 31 Sweet Potato Fries Pickle Chips Assorted Veggies with Dip			

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

