

Daily Entrée Options
 Uncrustable PB&J
 Crispy Chicken Garden Salad
 NYS Yogurt Parfait w/Granola
 Bagel & Yogurt Bistro Box
 Deli Sandwich of the Day



MENU

SEPTMBER

PK-6 LUNCH

Labor Day No School	1	Conference Day No School	2	Corndog Nuggets French Fries Cucumber Coins with Dip 100% Juice Cup	3	Bistro Cheeseburger French Fries Rainbow Pepper Sticks Choc. Chip Cookie	4	Cheese Pizza Steamed Mixed Veggie Assorted Applesauce Cup	5
Chicken Nuggets Warm Garlic Knot Baked Beans Assorted Fresh Veggies	8	Ultimate Nachos Salsa & Sour Cream Yellow Corn Rainbow Pepper Sticks	9	Popcorn Chicken Bites Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggie Cup & Ranch	10	Macaroni & Cheese Corn Muffin Steamed Broccoli Warm Cinnamon Apples	11	Cheese Pizza Steamed Mixed Veggie Assorted Applesauce Cup	12
Chicken Nuggets Texas Toast Glazed Carrots Assorted Fresh Veggies	15	WG Pancakes Sausage Links Hash Brown Patty Steamed Green Beans	16	Hot Dog on a Bun Baked Beans Corn on the Cob Grape Tomatoes	17	Rotini with Meat Sauce (beef) Garlic Breadstick Cucumber Coins w/dip Watermelon Wedge	18	Cheese Pizza Steamed Mixed Veggie Assorted Applesauce Cup	19
Chicken Nuggets Warm Garlic Knot Baked Beans Assorted Fresh Veggies	22	Cheesy Breadsticks with Marinara Sauce Fresh Broccoli & Ranch Baby Carrots	23	French Toast Sticks Turkey Sausage Links Sweet Potato Tots 100% Juice & Syrup	24	Chicken & Biscuit Chicken w/Gravy Mashed Potatoes Yellow Corn WG Biscuit	25	Cheese Pizza Steamed Mixed Veggie Assorted Applesauce Cup	26
Chicken Nuggets Texas Toast Glazed Carrots Assorted Fresh Veggies	29	Chicken Soft Tacos Salsa & Sour Cream Yellow Corn Assorted Fruit	30			Mon-Turkey and Cheese Tue-Bologna Wed-Italian Mix Thur-Ham and Cheese Fri-Tuna Boat			

Harvest
of the
Month

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM



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