

Daily Entrée Options:
 Fruit & Yogurt Parfait w/ Granola
 Chef Salad
 Uncrustable Meal Kit
 Turkey Bacon Wrap
 BKW Bacon Cheeseburger



MENU

This month's NY food item is from Adirondack Maple in Fonda, NY

MARCH

7-12 LUNCH

Rotini with Meat Sauce 3 Warm Garlic Knot Steamed Broccoli Warm Cinnamon Pears	Mardi Gras Menu 4 Chicken & Sausage Jambalaya Steamed Corn Assorted Fresh Fruit	Crispy Chicken Tenders 5 (plain, ranch or buffalo) Baked Potato Chips Creamy Coleslaw Fresh Grape Tomatoes	Ultimate Nachos 6 Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar Mango Peach Applesauce	Pizza Slice 7 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
Crispy Chicken Sandwich 10 French Fries Rainbow Pepper Sticks w/Ranch	Popcorn Chicken Bowl 11 (mashed potato, cheese & gravy) Dinner Roll & Yellow Corn Fresh Veggie w/Hummus	Spanish Broccoli Frittata 12 Sunrise Waffles <i>New Recipe!</i> Home Fries 100% Juice Cup & Syrup	Macaroni & Cheese Bar 13 w/Buffalo Chicken Breadstick & Broccoli Fresh Grape Tomatoes	Pizza Slice 14 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad <i>Rice Crispy Treat</i> Pi Day
No School! Superintendent's Conference Day! 17	Bistro Cheeseburger 18 (plain, cheese or bacon) Kettle Cooked Potato Chips Tortellini Pasta Salad Fresh Veggie w/Hummus	Crispy Chicken Drumstick w/Maple BBQ 19 Cornbread Muffin <i>Harvest of the Month</i> Maple Sriracha Baked Beans & Coleslaw <i>NY Food Days</i>	Pineapple Teriyaki Chicken 20 Fried Rice & Veg Egg Roll Stir Fry Vegetables Baby Carrots	Pizza Slice 21 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
Tortellini Alfredo with Chicken 24 Garlic Knot Roasted Broccoli Grape Tomatoes	BBQ Pork Bowl 25 Pineapple Corn Rice Veggie Pinto Beans Cucumber Slices Winter Berry Fruit Salad	Turkey Jack Panini 26 Sweet Potato Wedges Peas & Carrots Fresh Veggie Cup w/Hummus	Taco Salad w/Chips 27 (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Rice Crispy	Pizza Slice 28 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad
Crispy Chicken Sandwich 31 Seasoned Curly Fries Tomato, Cucumber Salad Assorted Fruit				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
 SHARED FOOD SERVICE PROGRAM

