

Daily Entrée Options:

- Fruit & Yogurt Parfait w/ Granola
- Chef Salad
- Uncrustable Meal Kit
- Turkey Bacon Wrap
- BKW Bacon Cheeseburger




MENU

7th-12th LUNCH

////////////////////
FEBRUARY
 //////////////////////



February is **National Sweet Potato Month** & NY Harvest of the Month. Learn more about [them HERE](#)

Rotini with Meat Sauce 3 Warm Garlic Knot Seasoned Green Beans Warm Cinnamon Pears	Buffalo Chicken Dip w/tortilla chips 4 Carrot & Celery Sticks Seasoned Corn	Brunch for Lunch 5 Chicken & Waffles Home Fries 100% Juice Cup & Syrup	Ultimate Nachos 6 Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	Pizza Slice (Cheese or Pepperoni) 7 Steamed Mixed Veggie Garden Side Salad
Crispy Chicken Tenders 10 with assorted dipping sauces Pesto Parmesan Rotini Rainbow Pepper Sticks	Bistro Cheeseburger 11 (plain, cheese or bacon) Kettle Cooked Potato Chips Tortellini Pasta Salad Fresh Veggie w/Hummus	Turkey Jack Panini 12 Cinnamon Chili Sweet Potatoes Broccoli Slaw Yellow Corn 	Macaroni & Cheese Bar 13 w/Buffalo Chicken Breadstick & Broccoli Fresh Grape Tomatoes	Pizza Slice (Cheese or Pepperoni) 14 Steamed Mixed Veggie Caesar Side Salad
No School Winter Break 17	No School Winter Break 18	No School Winter Break 19	No School Winter Break 20	No School Winter Break 21
Crispy Chicken Sandwich 24 Seasoned Waffle Fries Tomato, Cucumber Salad	BYO Burrito Bowl w/Cilantro Lime Rice 25 (beans, protein, sides) Salsa & Sour Cream Guacamole, Olives, Jalapenos	Philly Chicken Sub 26 Peppers & Onions Baked Potato Chips Fresh Veggie Cup w/Hummus	Baked Potato Bar 27 (Bacon, Broccoli, Cheese sauce) Dinner Roll Baby Carrots	Pizza Slice (Cheese or Pepperoni) 28 Steamed Mixed Veggie Garden Side Salad

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

linqconnect.com

This institution is an equal opportunity employer.

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION *This institution is an equal opportunity provider.*

In collaboration with
CAPITAL REGION BOCES
 SHARED FOOD SERVICE PROGRAM

