

Additional Daily Breakfast Options

- Pancake on a Stick w/Syrup
- Banana Chocolate Chunk Breakfast Bar
- Cinnamon Strudel
- Yogurt & Blueberry Parfait w/ Granola

All items above served with Assorted Fruit and/or 100% Juice and NYS 1% Milk



**October 2024**  
**BKW Central School District**  
**7<sup>th</sup>-12<sup>th</sup>**  
**Breakfast Menu**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



1  
**Sunrise Waffle**  
**Bacon Cheddar Egg**  
**Bite**  
 Apple Slices  
 1% Milk

2  
**WG Assorted Cereal**  
**French Toast**  
**Graham**  
 100% Assorted Fruit  
 Juice  
 1% Milk

3  
**Cheese Omelet**  
**Blueberry Muffin**  
 100% Apple Juice  
 1% Milk

4  
**Sausage, Egg &**  
**Cheese on a WG**  
**Bagel**  
 100% Assorted Fruit  
 Juice  
 1% Milk

7  
**WG Bagel w/ Cream**  
**Cheese**  
 Orange Wedges  
 1% Milk

8  
**Sunrise Waffle**  
**Bacon Cheddar Egg**  
**Bite**  
 Apple Slices  
 1% Milk

9  
**Sausage, Egg &**  
**Cheese on a WG**  
**Bagel**  
 100% Assorted Fruit  
 Juice  
 1% Milk

10  
**Cheese Omelet**  
**Blueberry Muffin**  
 100% Apple Juice  
 1% Milk

11  
**WG Assorted Cereal**  
**French Toast**  
**Graham**  
 100% Assorted Fruit  
 Juice  
 1% Milk

14  
**No School**  
**Columbus Day**

15  
**Sunrise Waffle**  
**Bacon Cheddar Egg**  
**Bite**  
 Apple Slices  
 1% Milk

16  
**Sausage, Egg &**  
**Cheese on a WG**  
**Bagel**  
 100% Assorted Fruit  
 Juice  
 1% Milk

17  
**Cheese Omelet**  
**Blueberry Muffin**  
 100% Apple Juice  
 1% Milk

18  
**WG Assorted Cereal**  
**French Toast**  
**Graham**  
 100% Assorted Fruit  
 Juice  
 1% Milk

21  
**WG Bagel w/ Cream**  
**Cheese**  
 Orange Wedges  
 1% Milk

22  
**Sunrise Waffle**  
**Bacon Cheddar Egg**  
**Bite**  
 Apple Slices  
 1% Milk

23  
**Sausage, Egg &**  
**Cheese on a WG**  
**Bagel**  
 100% Assorted Fruit  
 Juice  
 1% Milk

24  
**Cheese Omelet**  
**Blueberry Muffin**  
 100% Apple Juice  
 1% Milk

25  
**WG Assorted Cereal**  
**French Toast**  
**Graham**  
 100% Assorted Fruit  
 Juice  
 1% Milk

28  
**WG Bagel w/ Cream**  
**Cheese**  
 Orange Wedges  
 1% Milk

29  
**Sunrise Waffle**  
**Bacon Cheddar Egg**  
**Bite**  
 Apple Slices  
 1% Milk

30  
**Sausage, Egg &**  
**Cheese on a WG**  
**Bagel**  
 100% Assorted Fruit  
 Juice  
 1% Milk

31  
**Cheese Omelet**  
**Blueberry Muffin**  
 100% Apple Juice  
 1% Milk

