

DAILY ENTRÉE OPTIONS:

- CHEF SALAD
- BAĒL LUNCH KIT
- UNCRUSTABLE BISTRO BOX
- SANDWICH OF THE DAY

October 14-18 is
School Lunch Week
 Be a lunch pirate with us!



MENU

BKW
 ELEMENTARY
 SCHOOL

////////////////////
OCTOBER
 //////////////////////

PK-6TH LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mon - Turkey & Cheese 30 Tues - Bologna & Cheese Wed - Italian Mix Thur - Ham & Cheese Fri - Chicken Bacon Ranch	French Toast Sticks 1 Turkey Sausage Links or Cheese Omelet Potato Tots Orange Juice & Syrup	Chicken Tenders & Mozzarella Sticks 2 Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	Macaroni & Cheese 3 Corn Muffin Breaded Broccoli Bites Warm Cinnamon Apples	Cheese Pizza (Buffalo or Pepperoni) 4 Steamed Mixed Veggie Applesauce
Chicken Nuggets (Regular or Buffalo) 7 Warm Garlic Knot French Fries Assorted Veg w/Ranch	Ultimate Nachos 8 Salsa & Sour Cream Refried Bean Dip Golden Treasure Corn Rainbow Pepper Sticks	Popcorn Chicken 9 Warm Garlic Knot Mashed Potatoes & Gravy Fresh Veggie with Hummus	Cheeseburger (Pretzel Roll) 10 Baked Potato Chips Rainbow Pepper Strips Fruit Choice	Cheese Pizza (Buffalo or Pepperoni) 11 Steamed Mixed Veggie Applesauce
No School 14 Columbus/Indigenous Peoples Day	Buttermilk Pancakes 15 Turkey Sausage Links or Cheese Omelet Potato Tots Orange Juice & Syrup	Hot Ham & Cheese on a Bagel 16 Fresh Apples French Fries	French Toast Sticks 17 Turkey Sausage Links or Cheese Omelet Potato Tots Orange Juice & Syrup	Cheese Pizza (Buffalo or Pepperoni) 18 Steamed Mixed Veggie Applesauce
Chicken Nuggets (Regular or Buffalo) 21 Warm Garlic Knot Emoji Fries Assorted Veg w/Ranch	Ultimate Nachos 22 Salsa & Sour Cream Refried Bean Dip Golden Treasure Corn Rainbow Pepper Sticks	Cheesy Breadsticks with Marinara Sauce 23 Breaded Broccoli Bites Baby Carrots Cocoa Brownie Bar	Tortellini Alfredo with Chicken 24 Garlic Texas Toast Peas & Carrots Fresh Grape Tomatoes	Cheese Pizza (Buffalo or Pepperoni) 25 Steamed Mixed Veggie Applesauce
Chicken Nuggets (Regular or Buffalo) 28 Warm Garlic Knot French Fries Assorted Veg w/Ranch	French Toast Sticks 29 Turkey Sausage Links or Cheese Omelet Potato Tots Orange Juice & Syrup	Macaroni & Cheese 30 Corn Muffin Seasoned Green Beans Warm Cinnamon Apples	Chicken Patty on a Bun 31 Potato Chips Fresh Veggie w/Dip Dirt & Worms Pudding Cup	

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
 SHARED FOOD SERVICE PROGRAM