



MARTIAL ARTS



Looking for something that is both fast paced **AND** super fun after school? Martial arts are a great way to boost both physical and mental confidence as well as teach the values of hard work and determination. Join our six-week intensive program covering all the basics of the popular Korean martial arts. All experience levels welcome!



LIMITED SPOTS AVAILABLE

REGISTER TODAY!

AlbanyCounty.com/Recreation

FREE

MONDAYS & WEDNESDAYS
9/11/23 - 10/18/23

AGES 6-8
5:00PM - 6:00PM

AGES 9-12
6:00PM - 7:00PM

Berne-Knox-Westerlo
Elementary School Gym
1738 Helderberg Trail
Berne, NY 12023

CALL 518-655-7948
FOR MORE INFO

SCAN QR CODE TO
REGISTER NOW



Daniel P. McCoy
Albany County Executive

ALBANY COUNTY
Cares about our community