



SEPTEMBER 2023

Berne-Knox-Westerlo CSD

Elementary School Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Alternative Options Include
Smuckers Grape Uncrustable
Turkey Cheese Sandwich
Chef Salad



4



5

Cheesy Breadstick (2ea)
with Marinara Sauce Cup
Steamed Broccoli
Fruit Choice
Cookie & **NYS Milk**

6

Cheeseburger
French Fries
Rainbow Pepper Sticks
w/Ranch
Fruit Choice & 100% Juice

7

Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

8

French Toast Sticks
Sausage Links & Home Fries
100% Orange Juice
Fruit Choice & Syrup Cup
NYS Milk

11

Ultimate Nachos
(taco meat, cheese, black bean)
Rainbow Pepper Sticks
Salsa Cup & Fruit Choice
Sour Cream Cup
NYS Milk

12

Popcorn Chicken (12pc)
Mashed Potatoes w/Cheese & Gravy
Dinner Roll & Corn
Fruit Choice
NYS Milk

13

Pineapple Teriyaki Chicken
White Rice & Egg Roll
Garlic Green Beans
Fruit Choice
NYS Milk

14

Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

15

Toasted Ham/ Chs Croissant
Goldfish Crackers
Peas & Carrots
Fruit Choice & **NYS Milk**

18

Cheesy Breadstick (2ea)
with Marinara Sauce Cup
Steamed Broccoli
Fruit Choice
Cookie & **NYS Milk**

19

Chicken Nuggets
Warm Garlic Knot
Fresh Veggie with Hummus
Fruit Choice
NYS Milk

20

Cheeseburger on a Bun
French Fries
Cucumber Sticks & Dip
Fruit Choice
NYS Milk

21

Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

22

Breakfast Griddler
Maple Pancake Sandwich
Home Fries & Syrup Cup
Fruit Choice & 100% Juice
NYS Milk

25

Chicken & Chs Quesadilla
Goldfish Grahams
Fruit & Veggie Cup
Salsa Cup & Sour Cream
NYS Milk

26

Chicken Patty Sandwich
Sun Chips & Pasta Salad
Roasted Broccoli
Fruit Choice
NYS Milk

27

Macaroni & Cheese
Fresh Veggie Cup
Warm Cinnamon Apples
Fruit Choice
NYS Milk

28

Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

29



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider