

# MAY 2021

## MSHS Base Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Crispy Chicken with Biscuits Peas &amp; Carrots Roasted Potato Wedges Fruit of the Day <b>NYS Milk</b></p>	<p><b>4</b></p> <p>French Toast Sticks w/ Syrup <b>NYS Cheese Stick</b> Hash Brown Fresh Orange Slices <b>NYS Milk</b></p>	<p><b>5</b></p> <p>Burrito Bowl Fajita chicken, Brown Rice, Shredded Cheese, Salsa/Sour Cream Street Corn Salad Fruit of the Day <b>NYS Milk</b> <b>Happy Cinco de Mayo!</b></p>	<p><b>6</b></p> <p><b>NYS 100% Beef Hot Dog</b> <b>NYS Potato Chips</b> Baked Beans <b>NYS Grape Slushie</b> <b>NYS Milk</b></p>	<p><b>7</b></p> <p>Cheese Pizza Fresh Veggie &amp; Dip <b>NYS Grape Juice</b> <b>NYS Milk</b> <b>School Lunch Hero Day!</b></p>
<p><b>10</b></p> <p>Chicken &amp; Waffles Maple Syrup <b>NYS French Fries</b> <b>NYS Strawberry Applesauce</b> <b>NYS Milk</b></p>	<p><b>11</b></p> <p>Egg &amp; Cheese on WG Croissant Home Fries <b>NYS Apple</b> <b>NYS Milk</b></p>	<p><b>12</b></p> <p>Loaded Nachos Nacho Cheese, Turkey Taco Meat Salsa, Sour Cream Sweet Corn Fruit of the Day <b>NYS Milk</b></p>	<p><b>13</b></p> <p>Macaroni &amp; Cheese Fresh Veggie &amp; Hummus Grapes <b>NYS Milk</b></p>	<p><b>14</b></p> <p>Cheese Pizza Caesar Salad <b>NYS Apple Slices</b> <b>NYS Milk</b></p>
<p><b>17</b></p> <p>Crispy Chicken Sandwich Waffle Fries Fruit of the Day <b>NYS Milk</b></p>	<p><b>18</b></p> <p>Conference Day - no students</p>	<p><b>19</b></p> <p>Sweet &amp; Sour Chicken Fried Rice Broccoli Fruit of the Day <b>NYS Milk</b></p>	<p><b>20</b></p> <p>Pasta with Meat Sauce Garlic Breadstick <b>NYS Green Beans</b> Fruit of the Day <b>NYS Milk</b> <b>*Sauce made with 100% beef</b></p>	<p><b>21</b></p> <p>Cheese Pizza Fresh Veggie &amp; Dip <b>NYS Apple Slices</b> <b>NYS Milk</b> <b>National Pizza Party Day!</b></p>
<p><b>24</b></p> <p>Chicken Tenders BBQ Sauce Sweet Corn on the Cob <b>NYS Strawberry Applesauce</b> <b>NYS Milk</b></p>	<p><b>25</b></p> <p>Maple Waffles w/ Syrup Turkey Sausage Hash Brown <b>NYS Apple Slices</b> <b>NYS Milk</b></p>	<p><b>26</b></p> <p>Tacos (hard shell) Turkey Taco Meat, Shredded Cheese Salsa Corn and Black Beans Craisins <b>NYS Milk</b></p>	<p><b>27</b></p> <p>Grilled Cheese <b>NYS Potato Chips</b> Fresh Veggie &amp; Hummus Fruit of the Day <b>NYS Milk</b></p>	<p><b>28</b></p> <p>No School</p>
<p><b>31</b></p> <p>No School Memorial Day</p>				

# MAY 2021

## Breakfast Options & Daily Alternate Lunch Offerings

### Breakfast Choices:

Assorted Cereal  
Breakfast Sandwich  
Fruit: 100% Orange & Apple Juice or Fruit of the Day  
Choice of Milk

### Alternate Lunch Options:

Sandwich of the Day

### Sandwich of the Day:

Monday: Italian Sub  
Tuesday: Turkey & Cheese Wrap  
Wednesday: Ham & Cheese Sandwich  
Thursday: Buffalo Chicken Wrap  
Friday: Chicken Caesar Wrap



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

### May Menu Highlights:

5/5: Happy Cinco de Mayo! Try our new Street Corn Salad recipe.  
5/6: Try our 100% beef NYS hot dogs from our friends at Smith Packing in Utica, New York  
5/7: **School Lunch Hero Day!** Make sure to thank your food service staff for ALL that they do!  
5/21: Happy National Pizza Party Day!



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

**\*\*Pork-Free Menu\*\***