

# MAY 2021

## ES Base Menu

### Monday

**3**  
 Chicken Nuggets  
 Breadstick  
 Fresh Vegetable & Dip  
**NYS Grape Juice**  
**NYS Milk**

**10**  
 Chicken Nuggets  
 Breadstick  
 Fresh Vegetable & Dip  
**NYS Milk**

**17**  
 Chicken Nuggets  
 Fresh Vegetable & Dip  
 Breadstick  
**NYS Grape Juice**  
**NYS Milk**

**24**  
 Chicken Nuggets  
 BBQ Sauce  
 Fresh Vegetable & Dip  
**NYS Grape Juice**  
**NYS Milk**

**31**  
 No School  
 Memorial Day

### Tuesday

**4**  
 French Toast Sticks  
**Home fries**  
 Sausage  
**NYS Milk**

**11**  
 Pancakes  
 Hash brown  
**Sausage**  
**NYS Milk**

**18**  
 Conference day - no students

**25**  
 Pancakes  
**Sausage**  
 Hash Brown  
**NYS Apple Slices**  
**NYS Milk**

### Wednesday

**5**  
 Chicken Quesadilla  
 Salsa & Sour Cream  
 Fresh Vegetable & Dip  
**Fruit of the Day**  
**NYS Milk**  
 Happy Cinco de Mayo!

**12**  
 Hamburger or Cheeseburger  
 Fresh Vegetable & Dip  
**Fruit of the Day**  
**NYS Milk**

**19**  
 Taco Wrap  
 Salsa & Sour Cream  
 Fresh Vegetable & Dip  
 Craisins  
**NYS Milk**

**26**  
 Mozzarella Sticks w/Marinara  
 Fresh Vegetable & Fruit  
**Fruit of the Day**  
**NYS Milk**

### Thursday

**6**  
**NYS 100% Beef Hot Dog**  
**NYS Potato Chips**  
 Baked Beans  
**NYS Grape Slushie**  
**NYS Milk**

**13**  
 Chicken Patty Sandwich  
 Corn  
**Fruit of the Day**  
**NYS Milk**

**20**  
 Pasta with Meat Sauce  
 Garlic Breadstick  
**NYS Green Beans**  
**Fruit of the Day**  
**NYS Milk**  
 \*Sauce made with 100% beef

**27**  
 Ham & Cheese on pretzel roll  
**NYS Potato Chips**  
 Fresh Veggie & Dip  
**Fruit of the Day**  
**NYS Milk**

### Friday

**7**  
 Cheese Pizza  
 Fresh Veggie & Dip  
**NYS Grape Slushie**  
**NYS Milk**  
 School Lunch Hero Day!

**14**  
 Cheese Pizza  
 Fresh Vegetable & Dip  
**Grape Slushies**  
**NYS Milk**

**21**  
 Cheese Pizza  
 Fresh Vegetable & Dip  
**Grape Slushie**  
**NYS Milk**  
 National Pizza Party Day!

**28**  
 No School  
**Memorial Day**



# MAY 2021

## **Breakfast Choices:**

Monday & Friday Sausage Egg & Cheese & Egg & Cheese  
Or  
Cereal & Graham Crackers  
Pancakes, Tuesday, Wednesday, Thursday  
Fruits: 100% Orange & Apple Juice, Fruit of the day.

## **Also Offered Daily:**

Hummus with Pita Chips & Vegetables  
Yogurt (Served with dinner roll, cheese stick, fruit/veg)  
Sandwich of the Day  
Beverages: 1% milk, & 1% chocolate milk

## **Sandwich of the Day:**

Monday: Ham & Cheese on Pretzel Roll  
Tuesday: Turkey & Cheese Sandwich  
Wednesday: Sun Butter & Jelly on Whole Wheat  
Thursday: Tuna Sandwich  
Friday: Ham & Cheese Sandwich



**Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!**

## **May Menu Highlights:**

**5/5: Happy Cinco de Mayo!**  
**5/6: Try our 100% beef NYS hot dogs from our friends at Smith Packing in Utica, New York**  
**5/7: School Lunch Hero Day! Make sure to thank your food service staff for ALL that they do!**  
**5/21: Happy National Pizza Party Day!**



**We are striving to support our New York State food producers. Items highlighted in green are NYS food products.**