

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Labor Day	8 Conference Day	9 Conference Day	10 Conference Day	11 NYS Hamburger or Cheese-burger NYS Carrot Sticks & Dip Variety of Fruit NYS Milk
14 Crispy Chicken Ranch Wrap NYS Potato Chips NYS Carrot Sticks & Dip Variety of Fruit NYS Milk	15 Meatball Sub NYS Cucumber Slices & Dip NYS Apple Slices NYS Milk	16 Cheese Quesadilla Salsa & Sour Cream Protein Packed Corn & Black Bean Salad NYS Apple Slices NYS Milk	17 Chicken Nuggets & Dip Garlic Bread Stick Corn Variety of Fruit NYS Milk	18 Pizza NYS Salad Choice of Fruit NYS Milk
21 Ham & Cheese on a Pretzel Roll NYS Potato Chips Harvest of the Month: Cherry Tomato Variety of Fruit NYS Milk	22 NYS Hamburger or Cheese-burger NYS Carrot Sticks & Dip Variety of Fruit NYS Milk	23 Taco Kit Soft Shell Taco, Fajita Chicken, Salsa, Shredded Cheese Protein Packed Corn & Black Bean Salad NYS Apple Slices NYS Milk	24 Protein Box Cheese, Crackers, Pepperoni NYS Cucumber Slices & Dip Hardboiled Egg Variety of Fresh Fruit NYS Milk	25 Pizza NYS Salad Choice of Fruit NYS Milk
28 Buffalo Chicken Wrap NYS Potato Chips NYS Carrot Stick & Dip Variety of Fruit NYS Milk	29 Crispy Chicken Sandwich NYS Potato Salad Variety of Fruit NYS Milk	30 Nacho Kit Tortilla Chips, Nacho Cheese Dip, Salsa Protein Packed Corn and Black Bean Salad Variety of Fruit NYS Milk		

Also Offered Daily for Lunch!

Sandwich or Salad of the Day
Chobani Yogurt (served with WG bagel & cheese stick)
Variety of Fruit
Choice of Milk: 1% Chocolate, 1% milk

School Breakfast Daily Choice

Breakfast Sandwich, Cereal & Graham Crackers
Fruits: 100% Orange & Apple Juice, Variety of Fruit
Choice of Milk: 1% Chocolate, 1% milk

Sandwich & Salad of the Day:

Monday: Italian Sub/Caesar Salad
Tuesday: Turkey Club/Loaded Veggie Salad
Wednesday: Ham & Cheese on Pretzel Roll/Chef Salad
Thursday: Buffalo Chicken Wrap/Caesar Salad
Friday: Chicken Salad Wrap/Greek Salad