

B.K.W. MS/HS

January 2019

Meal Prices Breakfast - \$1.70 Lunch - \$2.90 Milk - \$.50

Go to "My School Bucks" @ BKW Web Site Food Service Section - set up a free account to make payments or check meal account status

Questions? Call 872-5131

Meal Charge Limits & Policy can be viewed in its entirety at the "Meals and More" area on BKW's Website

Everyday Breakfast

--All Breakfasts include 100% Juice/ Fruit & Milk for **\$1.70**


- Ham Egg & Cheese / Sausage & Cheese / Egg & Cheese on WG Bagel**
- WG Plain Bagel or Onion Bagel w Cream Cheese**
- WG Choc Chip or Blueberry Muffin**
- WG Glazed Yeast Donut**
- Yogurt Fruit Parfait w/ Cornbread**



Fat Free Chocolate or Strawberry Milk- 1% White Milk-.Fat Free White Milk available daily. Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Veg-Crisp Tatar Tots</i> <small>Unless Mashed Potato on menu</small>	<i>Veg-Honey Dill Carrots</i>	<i>Veg-Sweet Kernel Corn</i>	<i>Veg-Green Beans</i>	<i>Veg-Steamed Broccoli</i> <i>Veg-Baked Beans</i>

Daily Menu & Daily Sides <i>Soup du Jour or Romaine</i> <i>Side Salad & Fruit with every meal</i>	WG Breaded Mozzarella Sticks w/ Garlic Breadstick/Sauce Chicken Patty on a Bun Stuffed Crust Pizza Plain or Buffalo Chicken Nuggets w Garlic Breadstick/Sauce Cheeseburger/Hamburger on a Kaiser Chef Salad w/ Cornbread
--	---

January Meal Calculator 20 Breakfasts = \$34.00 20 Lunches = \$58.00		3	4
		House Pizza Pick your Favorite	Breakfast Burrito Ham, Scrambled Egg & Cheese <small>Optional hot sauce & salsa</small>
7	8	9	10
Brunch for Lunch Pancakes & Sausage	Nacho Style Taco <small>w/ Sour cream & Salsa</small>	Chicken Fried Rice <small>w/Fortune Cookie</small>	House Pizza Pick your Favorite
14	15	16	17
Bacon Cheeseburger on a Kaiser	Nacho Style Taco <small>w/ Sour cream & Salsa</small>	Grilled Rachael on Rye	House Pizza Pick your Favorite
21	22	23	24
MLK Day 	Nacho Style Taco <small>w/ Sour cream & Salsa</small>	Sweet & Spicy Oriental Meatballs Over Brown Rice	House Pizza Pick your Favorite
28	29	30	31
Chicken in Gravy over Mashed Potato Corn Bread	Nacho Style Taco <small>w/ Sour cream & Salsa</small>	Grilled Italian Dunker <small>w/ Marinara</small>	House Pizza Pick your Favorite



shutterstock · 322340546

