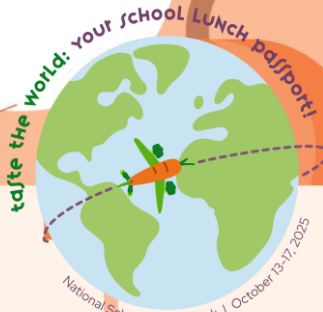


October 13th-17th is
National School Lunch Week
Join us in Eating Global
Flavors!



MENU

Harvest of the
Month
NY Apples
October 15th



OCTOBER

BKW PK-6th Lunch Menu

Macaroni & Cheese 1
Corn Muffin
Steamed Broccoli
Fresh Grape Tomatoes
Warm Cinnamon Pears

**Mini Chicken Bites
And Mozzarella Sticks** 2
Marinara Sauce
Fresh Veggie with Dip

Cheese Pizza 3
Assorted Veggie Choices
Applesauce Variety

Chicken Nuggets 6
Warm Breadstick
Baked Beans
Assorted Fresh Veggies

Ultimate Nachos 7
Salsa & Sour Cream
Yellow Corn
Rainbow Pepper Sticks

**Crispy Chicken
Sandwich** 8
Cheddar Sun Chips
Roasted Broccoli
Fresh Veggie w/ Dip

**Rotini with Meat
Sauce (beef)** 9
Garlic Breadstick
Steamed Green Beans
Baby Carrots

Cheese Pizza 10
Assorted Veggie Choices
Applesauce Variety
(Emergency Early Release)

No School 13
Columbus/Indigenous
Peoples Day

**Chicken & Cheese
Quesadilla** 14
Salsa & Sour Cream
Cowboy Caviar (Bean/Corn)
Rainbow Pepper Sticks

Meatball Sub 15
Steamed Broccoli
Assorted Fresh Veggies
Fresh Apples

**Potato & Cheddar
Pierogies** 16
Kielbasa Bites
Peas & Carrots
Fresh Grape Tomatoes

Cheese Pizza 17
Assorted Veggie Choices
Applesauce Variety

Chicken Nuggets 20
Warm Breadstick
Honey Glazed Carrots
Assorted Fresh Veggies

Cheeseburger 21
Emoji French Fries
Steamed Broccoli
Choc Chip Cookie

**Cheesy Breadsticks
with Marinara Sauce** 22
NY Yogurt Cup
Fresh Veggie w/Hummus
CherryMojito Slushie Cup

Hot Dog on a Bun 23
Cucumber Coins
Sweet Corn
Cheddar Sun Chips

Cheese Pizza 24
Assorted Veggie Choices
Applesauce Variety

Chicken Nuggets 27
Warm Breadstick
Baked Beans
Assorted Fresh Veggies

French Toast Sticks 28
Turkey Sausage Links
Sweet Potato Tots
NY Apple Juice & Syrup

Macaroni & Cheese 29
Corn Muffin
Green Peas
Fresh Grape Tomatoes
Winter Berry Fruit Salad

**Ham & Cheese
Croissant** 30
Tomato Soup
Goldfish Crackers
Steamed Green Beans

**Early Release
Day. Bagged
Lunch** 31
11:30 Dismissal

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety
of fresh fruit, vegetables and
low-fat white or flavored milk.

